

St Mary Magdalene Lent Kindness Calendar

Colour in each step of the path as you complete the acts of kindness traveling on your journey through lent.

ASH WEDNESDAY
1 Remind your grown up of our zoom service today!

2ND SUNDAY
2 Make a card or picture to post to Mag Centre
3 Take part in our Easter-scavenger hunt
4 Check out our Facebook page for today's craft

1ST SUNDAY
5 Write down 5 things you like about someone
6 Get ready for bed without being asked
7 Smile and say thank you to someone
8 Deliver sweets to a friend
9 Paint some rocks and leave them at the park

11 Help lay the table
12 Make thank you cards
13 Phone a relative and sing them a song
14 Give someone a hug
15 Make a donation to the foodbank
16 Check out our Facebook page for today's craft

3RD SUNDAY
17 Give someone flowers
18 Say thank you to the lollipop person
19 Tidy your toys up
20 Read a story to a family member
21 Make your bed without being asked
22 Check out our Facebook page for today's craft

4TH SUNDAY
23 Mothering Sunday
Take your mum a cup of tea for breakfast in bed

24 Help with the laundry
25 Say thank you to your teacher
26 Make a kindness bookmark for someone
27 Choose a toy you no longer play with to give to charity
28 Help a friend who is struggling with school work
29 Check out our Facebook page for today's craft

5TH SUNDAY
30 Plant a seed
Create an Easter garden for our competition

31 Write a thank you note for someone
32 Play with a friend who looks lonely
33 Help to do the house work
34 Let someone go in front of you in the line
35 Check out our Facebook page for today's craft

PALM SUNDAY
36 Help an adult make lunch
37 Feed the birds
38 Help put away our clothes

HOLY THURSDAY
39 Make someone laugh
Join our service!

GOOD FRIDAY
40 Join our service!

HOLY SATURDAY
Check out our Facebook page for today's craft

EASTER SUNDAY !!
Join our service to celebrate Easter!

40 DAYS OF LENT



Here you will find all of our Lent activities with a little more detail.
To find our weekly crafts and how to join our services, visit our Facebook page The Parish of St Mary Magdalene, Sutton-in-Ashfield or website stmary-sutton.org.uk

Please send in photos of all you are getting up to and don't forget to join our Easter competition!

16th Feb	17th Feb	18th Feb	19th Feb	20th Feb	1st Sunday 21st Feb
Shrove Tuesday Send a picture of your pancakes to our Facebook page	Ash Wednesday remind your grown ups about our Zoom service today	Make a card or picture (or ten) and post them through the door of the Magdalene centre to share with the congregation	Take part in our Easter scavenger hunt. You can take part all the way through Lent	Have a look at our Facebook page for our Easter craft	Phone a friend you haven't spoken to for a while
22nd Feb	23rd Feb	24th Feb	25th Feb	26th Feb	27th Feb
Write down five things you like about your mum/dad/sibling/friend and say thank you to them for helping you	Get ready for bed without being asked	Smile and say thank you to someone	Deliver sweets to a friend	Paint some rocks and leave them at the park or whilst out walking for someone else to find	Have a look at our Facebook page for our Easter craft
2nd Sunday 28th Feb	1st March	2nd March	3rd March	4th March	5th March
Bake a cake and share it with someone you love	Help your parents to lay the table	Make a thank you card for your local doctors or pharmacy	Phone or video call a relative and sing them a song, do a dance or read a story to them	Give someone a hug	Make a donation to the food bank
6th March	3rd Sunday 7th March	8th March	9th March	10th March	11th March
Have a look at our Facebook page for our Easter craft	Have a family movie afternoon	Give someone flowers	Say thank you to the lollipop person at school	Tidy your toys up	Read a story to a family member
12th March	13th March	4th Sunday 14th March	15th March	16th March	17th March
Make your bed without being asked	Have a look at our Facebook page for our Easter craft	Mothering Sunday take your mum a cup of tea or breakfast in bed	Say thank you to your teacher	Help your parents with the laundry	Make a kindness bookmark for someone
18th March	19th March	20th March	5th Sunday 21st March	22nd March	23rd March
Choose a toy you no longer play with to give away to charity	Help a friend who is struggling with their schoolwork	Have a look at our Facebook page for our Easter craft	Create an Easter Garden for our competition	Plant a seed	Write a thank you note or make a card for someone
24th March	25th March	26th March	27th March	6th Sunday 28th March	29th March
Play with a friend who is looking lonely	Help to do some house work	Let someone go in front of you in a line	Have a look at our Facebook page for our Easter craft	Palm Sunday join us for our special Palm Sunday service	Help an adult to make lunch
30th March	31st March	1st April	2nd April	3rd April	Easter Sunday 4th April
Help to put away your clothes	Feed the birds	Maundy Thursday Tell someone a joke to make them laugh	Good Friday join us for our Zoom service	Have a look at our Facebook page for our Easter craft	Join us for our very special service then enjoy your chocolate!